Program Announcements

The Science Undergraduate Laboratory Internships (SULI) Program is now open for applications for the Spring 2025 term. Applications are due **October 2, 2024 at 5:00 PM ET**. Click here to apply.

Upcoming Application Workshops and Office Hours:

Felicity Wheatley, pictured here, is a current SULI participant while studying at the University of Illinois Chicago and was also a Community College Intern at SLAC National Laboratory while she was a student at Malcom X Community College.

Application Workshop - August 8, 2024 from 2:00 – 3:00 pm EDT: Learn strategies to submit a compliant and competitive application and get answers to your questions. Registration is required to attend the workshop. (register here)

Office Hours - September 12, 19, and 26, 2024 from 2:00 – 3:00 pm EDT: Got questions? SULI applicants and letter of recommendation writers are invited to attend office hours to answer administrative questions such as those pertaining to uploading transcripts, submitting letters of recommendation, and general inquiries. Connect to virtual office hours on September 12, 19, and 26, 2024 here.

Are you an undergraduate student or recent graduate who is ready to use your major in a Science, Technology, Engineering, and Math (STEM) field or science policy to help make a difference in the world? Then the Science Undergraduate Laboratory Internship (SULI) is for you!

When you join SULI, you'll be part of a Department of Energy (DOE) team that's working together to advance scientific impact and discovery. Expand your skills and knowledge at a DOE national laboratory using state-of-the-art facilities and advanced scientific instruments.

For a list of Science Undergraduate Laboratory Internship (SULI) past participants, please click here.

Each year, students from around the country participate in SULI at one of the 17 participating DOE laboratories/facilities. In this comprehensive internship, you'll be mentored by a leading science expert who will guide you in a specific research area to gain maximum exposure to one of the many

science and technology areas that underpin the U.S. Department of Energy's (DOE's) diverse missions. This is an opportunity for you to enhance your professional network and develop your interests in state-of-the-art research facilities and to enhance your professional network.

SULI is a paid internship opportunity sponsored and managed by the DOE Office of Science's Office of Workforce Development for Teachers and Scientists (WDTS) in collaboration with DOE laboratories/facilities. Students can participate in SULI either in a 10-week summer internship (May–August) or in a semester-long experience (August–December or January–May).

Ready to Apply?

We know it can feel like a significant undertaking to apply for internships—which is why we want to share the resources you need to excel during the process!
Here are five steps to help you start your SULI journey:

1. **Learn about SULI:** Make sure you're aware of the [eligibility](#) and [participant obligations](#), as well as the [benefits](#) of SULI. We'd recommend you take time to look over past intern highlights to help really see the kind of experience you could have as part of SULI.
2. **Verify dates and processes**: As you prepare to apply, be sure to review the [key dates](#) related to the internship term you're hoping to participate in. We would suggest also reading over our [frequently asked questions](#), as we've found they are extremely helpful for SULI applicants.
3. **Review the SULI application check list and guides**: Now that you've got all the background information you need about SULI, you'll need application resources. We have a comprehensive [application checklist available for you](#), in addition to guides on how you can request [transcripts](#), [recommendations](#), and how to [approach the essay portion](#) of the SULI application.
4. **Attend a SULI application workshop**: Created specifically to help you navigate the SULI application and to learn about our SULI experience, be sure you sign up for our next workshop to help empower you during your application process.
5. **Apply**: You're ready to apply! You have all the details you need and the resources required to create a competitive and compelling SULI application. [Click here to apply today](#).