

Certificate: Recreation and Leisure Studies 24-25



ABOUT THIS MAJOR

The Recreation and Leisure Studies certificate will provide students with the knowledge and skills needed to perform at an entry-level position in both private and public agencies in a wide variety of careers which may include event planning, recreational program planning, sport and tournament planning, hospitality, therapeutic recreation and tourism. For more information, visit the [Athletics and Kinesiology](#) division.

TO EARN A Certificate A STUDENT MUST COMPLETE THE FOLLOWING:

- [1] Completion of Major & Program Electives Courses
- [2] Minimum grade point average of 2.0
- [3] A C or better in all courses required for the major

Certificate- Recreation and Leisure Studies [Total Units 24]

Required Courses (24 units)	
KINT100 - Introduction to Kinesiology	3
KINT114 - Athletic and Fitness Organization and Administration	3
HE100 - First Aid and Emergency Care	3
KINT105 - Active Lifestyles: Personal Wellness and Nutrition	3
KINT115 - Foundation For Fitness And Wellness	3
REC101 - Introduction to Recreation and Leisure	3
REC102 - Recreational Leadership	3
HE101 - Health Education	3

RECOMMENDED PATHWAY Certificate- Recreation and Leisure Studies

The Recommended Plan of Study is determined by the discipline faculty.

- Take classes in **Summer** or **Interession** if needed to complete your degree in a timely manner
- Fall/Spring: Max 19 units, 12-15 units Recommended.
- This is a certificate only program, currently no associated degree offered.

TERM 1	
Course	Units
HE 101	3
REC 101	3
KINT 100	3
KINT 115	3
Total Units	12

TERM 2	
Course	Units
KINT 114	3
HE 100	3
KINT 105	3
REC 102	3
Total Units	12

COUNSELING NOTE SECTION

Prerequisite: If a course is listed as a prerequisite for another course, that prerequisite course must be completed with a satisfactory grade to enroll in the next course. A satisfactory grade is a grade of "A," "B," "C" or "P". Students who enroll in classes for which they do not meet the prerequisites will be involuntarily dropped. Students will be notified of this involuntary drop. Title 5, Section 55200(d)

AVC 24-25 CATALOG: [ACADEMIC POLICIES](#)

INFORMATION and RESOURCES

Tutoring Assistance	Career Center	AVC Student Health Services
Transfer Center	Office of Students with Disabilities	Palmdale Center
Basic Needs	Financial Aid	Counseling Division