



**ANTELOPE VALLEY COLLEGE**  
**FACULTY PROFESSIONAL DEVELOPMENT COMMITTEE**  
**December 8, 2010**  
**2:00 p.m. – A140**

To conform to the open meeting act, the public may attend open sessions

- 1. CALL TO ORDER AND ROLL CALL**
- 2. OPENING COMMENTS FROM THE CHAIR**
- 3. OPEN COMMENTS FROM THE PUBLIC**
- 4. APPROVAL OF MINUTES**
  - a. December 1, 2010 (attachment)
- 5. ACTION ITEMS**
  - a. Faculty Mentorship Program
  - b. Fitness & Balance Community Speaker (attachment)
- 6. OTHER**
  - Review / Approve Plans / Contracts
- 7. ADJOURNMENT**

**NON-DISCRIMINATION POLICY**

Antelope Valley College prohibits discrimination and harassment based on sex, gender, race, color, religion, national origin or ancestry, age, disability, marital status, sexual orientation, cancer-related medical condition, or genetic predisposition. Upon request, we will consider reasonable accommodation to permit individuals with protected disabilities to (1) complete the employment or admission process, (b) perform essential job functions, (c) enjoy benefits and privileges of similarly-situated individuals without disabilities, and (d) participate in instruction, programs, services, activities, or events.



**ANTELOPE VALLEY COLLEGE**  
**FACULTY PROFESSIONAL DEVELOPMENT**  
**COMMITTEE MINUTES**  
**December 8, 2010**  
**2:00 p.m. – A140**

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- 1. CALL TO ORDER AND ROLL CALL**  
Kathryn Mitchell, Faculty Professional Development Chair, called the meeting to order at 2:15 p.m.
- 2. OPENING COMMENTS FROM THE CHAIR**  
None
- 3. OPEN COMMENTS FROM THE PUBLIC**  
None
- 4. APPROVAL OF MINUTES**
  - a. December 1, 2010 (attachment)**  
The December 1, 2010 FPD Meeting minutes were not ready for approval. This action item was tabled until the first meeting in the spring semester.
- 5. ACTION ITEMS**
  - a. Faculty Mentorship Program**  
A motion was made and seconded to approve the *Faculty Mentorship Program* based on the provided guidelines and criteria presented at the December 1, 2010 FPD meeting. Ms. Mitchell reported upon reflecting on the presented *Faculty Mentorship Program* there seems to be a disparity of proposed program to that which was presented as the *College Success Mentorship Program* during the approval process for 2010 – 2011 events. The approved *College Success Mentorship Program* included specific components detailed in the Accreditation Report for Matriculation data purposes. The committee needs to take into consideration what was approved versus what is being presented. The original proposal was matriculation driven, and included a limitation to faculty/student involvement to test the immediate success of the concept. Committee members engaged in a brief discussion and expressed their concerns regarding approving the presented *Faculty Mentorship Program* when it is conceptually different from what was originally approved. Ms. Patricia Márquez originally proposed the event as the Matriculation Counselor and had to relinquish this proposed project due to the need to focus on campus Accreditation project. The committee was in consensus that the proposal should not be approved being that it was not consistent with the originally proposed event. They suggested that an alternate proposal be forwarded for review and possible approval for the 2011 – 2012 program year. Motion failed.
  - b. Fitness & Balance Community Speaker (attachment)**  
Motion was made and seconded to approve the Fitness & Balance Community guest speaker. Committee members engaged in a brief discussion on the merit of offering health and wellness opportunities for the campus community. The presentation is very similar to those offered by Ms. Kathy Bingham. Motion carried.
- 6. OTHER**
  - Ms. Carol Eastin has requested the committee approve Standard #1 – Faculty Academy credit for faculty who work on annual program review reports. The guidelines already include credit for program review work but being that the program has changed to include annual reports, Carol is requesting the language be included to clarify to faculty Professional Development credit is available.
  - There are currently 80 delinquent adjunct contracts. The Academic Senate Office staff is working to obtain all delinquent contracts and paperwork. Of the 80 delinquent contracts 40 of them are missing supplemental paperwork or short hours or waiting to verify upcoming event attendance.

7. **ADJOURNMENT**

A motion was made and seconded to adjourn the December 8, 2010 Faculty Professional Development (Flex) Committee meeting at 3:05 p.m. Motion carried.

<b>MEMBERS PRESENT</b>		<b>ABSENT MEMBERS</b>	
Rae Agahari	Jennifer Gross	Jack Halliday	Casey Scudmore
Rona Brynin	Mark Hoffer	Tatiana Konovalav	Erin Stein
Magdalena Caproiu	Ty Mettler	Cindy Lehman	Santi Tafarella
Richard Coffman	Kathryn Mitchell	Sharon Lowry	Scott Tuss
Rosa Fuller	Dr. Tom O'Neil	Linda Noteboom	<i>Vacant Confidential Mngmt. Union Rep.</i>

## Finding Our Balance for Our Overall Well-Being

As life gets busy, we often neglect to take care of ourselves, living on coffee and junk food while we continue to push ourselves to work harder. In academia, it's always "after the semester ends..." that we are going to eat better, exercise, and take time to recharge, but there's always another class, another paper, another student that we need to focus on. Occasionally, we need to be reminded that we need to have a balance in our lives.

Join us as personal trainer and boxing instructor Steve Medina talks about his journey to find balance and wellness through exercise, diet, and personal faith. Steve will help us remember that our physical, mental, and emotional well-being are all tied together, and if we are more balanced we will be more focused, energetic, and effective as teachers, mothers, fathers, spouses, partners, and friends.